



Annual Report 2014



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I-Introduction

“In creating the Convention on the Rights of the Child (CRC) the International Community has recognized that children are people who have rights that must be respected equally as adults.” (UNICEF)

In November 2014, the world commemorated the 25th anniversary on the Convention on the rights of the child. However, unfortunately the situation of the children is not promising, and according to UNICEF more than 15 million children worldwide are caught in areas of military conflict, and described 2014 as the worst year for the children of the world.

“This has been a devastating year for millions of children...Children have been killed while studying in the classroom and while sleeping in their beds they have been orphaned, kidnapped, tortured, recruited, raped and even sold as slaves. Never in recent memory have so many children been subjected to such unspeakable brutality.”(UNICEF)

Again according to UNICEF we have horrendous facts and figures. In Syria 7.3 million children were affected by the on-going conflict, 1.7 of them became refugees, a country described by a volunteer surgeon with MSF as a grave yard for children. In Gaza 54,000 children became homeless due to the last Israeli aggression. In Iraq an estimated number of 2.7 million children are affected by the conflict. Added to the above hundreds of thousands were killed, injured, maimed or displaced, not to forget traumas that they might carry for the rest of all their lives.

In Lebanon we can explicitly say that the crisis of the refugees from Syria became a national decentralized crisis that the government cannot control anymore on the social, economic and security levels, as the clusters of refugees are dispersed in all regions of the country.

According to UNHCR statistics, the greatest number of refugees worldwide is in Lebanon compared to the number of its population, a hosting country with middle income that is declining every year and has to endure diverse constraints on its resources and political stability.

It is a well-known fact that natural disasters are much easier problems to approach than a military conflict based on political obstacles and complex regional barriers such as the case in the Middle East, in which civilians constitute the major assaulted victims who pay high prices on every level.

Reference to the multi -faceted services we are providing for the PRS this include health, educational, cultural and social services in addition to recreational and psycho-social activities. We have been focusing lately on the issue of child protection being a critical subject matter that cannot be neglected and need to be addressed on different levels involving not only the children but also the parents and staff working with the children and their families, not to forget the role of the hosting community.

“Parents and other family members exposed to traumatic experiences and showing symptoms associated with stress and trauma are more likely to demonstrate poor parenting, including abuse and neglect in some cases”. (Forced Migration Review issue 47)

Child protection is a long complicated process with diverse aspects to be addressed to ensure the child's safety. We cannot pretend that any organization can provide complete protection, but whatever can be done must be applied soonest before the bad implications of neglect would crystallize leading the whole community to dire consequences.

Beside education, health services and social welfare services, refugee children and families need to acquire awareness concerning their rights, help them re-build their resilience, adapt to a new environment, education concerning safety and threatening situations mainly related to child labor, separation from family, child prostitution, girls' early marriages, abuse for the disabled, others used in drug trafficking, children in detention etc.... So many issues to be tackled and available assistance need to be provided for those children.

“I had bad dreams-I wanted to be a fashion designer- now I’m trapped in this marriage which for me is like a prison. I’m not allowed to go to school, I feel depressed. I used to ignore what is happening inside me, but all of these feelings are accumulating, I’m afraid I will explode.” (Sabeen 15-year refugee, IRC report “Are we listening?”)

From another side, staffs working with those kids need professional training and public events to be organized to promote more knowledge and awareness concerning this matter, since child protection is in fact a protection for the future of any community.

II-Family Happiness Project

As usual this Project is the corner stone of all programs, activities and services provided to the sponsored kids and their families, including the Palestinian refugees from Syria. Although this is creating additional financial burden, but we are doing our best to cover the increasing demands.

1- Sponsorship

The sponsorship program that goes back to the mid-seventies is still attracting a lot of people ready to sponsor a child. In addition to the usual program, a sponsorship for KG children was also adopted by some friends in different countries. However, with the influx of refugees from Syria who are obviously suffering from great hardships and difficult living conditions. A new initiative started to support the old people in the community. Most often elderly people live in isolation with depression and other psycho-social problems. Through a generous support from the Finnish Arab Friendship Society, a number of 10 old persons were sponsored, and they are being included in diverse activities inside our centers.

Sponsorship figures 2014

Center	Families	Children	Males	Females
Burj Barajneh	82	167	69	98
Shatila	58	115	56	59
Mar Elias	24	54	25	29
Beddawi	59	125	67	58
Nahr El-Bared	24	54	25	29
Ein El Hillweh	63	125	56	69
Rashidieh	53	110	53	57
Bur El-Shemali	66	156	73	83
El Buss	32	66	29	37
Ba'albek	37	64	32	32
Total	498	1036	485 (47%)	551 (53%)

Sponsorship figures 2014 Palestinian refugees from Syria PRS

Center	Families	Children	Males	Females
Burj Barajneh	3	9	6	3
Shatila	2	5	4	1
Nahr El-Bared	1	1	0	1
Ein El Hillweh	14	29	17	12
Rashidieh	2	3	2	1
Burj Shemali	12	29	16	13
El Buss	3	7	4	3
Ba'albek	7	12	7	5
Total	44	95	56 (59%)	39 (41%)

Countries sponsoring KG kids

Country	# of Children
Finland	27
Germany	102
Switzerland	125
Total	254

KGs Sponsorship 2014-2015

Center	# of Children	Males	Females
Burj Barajneh	28	11	17
Shatila	29	13	16
Beddawi	44	20	24
Nahr El-Bared	34	23	21
Burj Shemali	33	19	14
Ein El Hillweh	38	22	16
Rashidieh	38	21	17
Total	254	129 (51%)	125 (49%)



Sponsorship for elderly people

Center	Elderly	Males	Females
Burj Shemali	6	3	3
Ba'albek	4	3	1
Total	10	6	4



2- Art & cultural Activities

The diverse art activities available for all children, is a major part of the provided services since it has a very positive impact on the behavioral and emotional growth of the children. It is a tool by which they can express their feelings, describe what is going around them and on top gives brightness and joy to their difficult life.

In the domain of art friends from different countries are supporting and training those kids whose performance improved significantly and with great self-confidence they are participating in many events. Here, we want to thank our friends from Norway the FORUM, Italy and Al Kamandjati from Palestine for their help and commitment for training the children.

The main needs for all groups are the special costumes and new musical instruments or spare parts for old ones. The high participation of the girls in the cultural activities is an indicator to their interest from one side, the good investment of their free time from another side, and the need to socialize outside the limited space of their houses.

Art Activities 2014

Activity	Groups	Members	Males	Females
Dabkeh	10	134	67	67
Singing choir	10	94	53	41
Musical bands	26	234	144	140
Drama	9	77	32	45
Handicraft	23	433	152	281
Drawing	21	434	187	247
Photography	2	12	6	6
Comic drawing	11	149	62	87
Total	112	1617	703 (43%)	914 (57%)



FORUM Art Project 2014 Activities

In 2014 Forum started two new projects under the cultural umbrella, *Music on the run* and *My book, My voice*. Both programs involved new participants and will continue in 2015.

Because of the security situation, there have been no visits for students this year.

Music on the run is a music activity program directed towards animators and social workers working with Syrian refugees, run by Vegar Storsve. The program works with 15 participants from the southern camps. Two workshops, took place in June and December.

Other activities:

- Follow up workshop with 15 teachers from the x-art project.
- Four workshops with 6 music teachers in Rashidieh.
- Follow up contacts with networks and check music instruments.

In June, there was training for Rashidieh children in preparation for performance at the opening, of the ISA/NORWAC hospital in South on June 21.

There were visits from the Music academy in Norway, which resulted in articles published in Norway.

My book, My voice is a project for teachers, animators and social workers working with school drop outs, remedial classes and Syrian refugees. The project is run by Sophie Rodin.

A workshop took place in Mar Elias for animators and teachers, on how to make your own book. 15 participants attended from all camps.

In El Buss camp, 3 workshops were organized for children and animators. 15 children and 4 animators participated in each workshop. In the workshop, the children draw, wrote, and created their own book. The contents were then read aloud and shared with the group.

Library: Forum has bought new books for the small library on art and comic books. El Buss centre was also supplied with a small amount of books. These books are meant for children and parents attending the centre.

Al Kamandjati Musical Band in Shatila

Musical Instrument	# of children	Males	Females
Oud	5	4	1
Violin	6	5	1
Tablah	5	5	
Nay	6	2	4
Total	22	16	6



Al Kamandjati a well-known musical band from Palestine established a musical group in Shatila. The Band practices every Sunday from 9:00am till 12:30pm. Along the past year the band participated in several events:

- Mothers' Day, in Burj Barajneh and Shatila
- Land Day
- Participation in the International Music Day at Zietouna Bay.
- A special concert in which children and teachers from Ramallah participated at the American University, the income went to support the children of Gaza.
- Summer musical camp in Maser Al-Chouf.
- Participation in Beirut Festival in Kaskas.
- The Tablah group played during Beirut Marathon, as an encouragement for the participants.

Cultural Activities 2014

Activity	Events	Participants	Males	Females
Library & cultural groups	55	747	352	395
Lectures & workshops	285	5333	996	4337
Exhibitions/theater/TV interviews	65	6226	2695	6226
Competitions	19	1625	677	948
Poetry reading	3	150	70	80
Open days on different themes	5	102	32	70
Other	7	13		13
Total	439	14196	4822	9374

3- Sports and scout's Activities

Sports Activities 2014

Activity	Teams	Members	Males	Females	Coaches
Football	3	51	51		2
Running	5	153	93	60	5
Ping Pong	2	21	21		1
Total	10	225	165	60	8



Scouts Activities 2014

Groups	Members	Males	Females	leaders	males	females
13	350	155 (44%)	195 (65%)	41	16 (39%)	25 (61%)

Comparing the sports with the scout's activities, we obviously observe that the girls' involvement in sports is very poor, while as scout's members they are more active than the boys and as leaders they are double the number of males. Nevertheless, sports activities need to be increased, once we have the required resources with special attention to the girls.



4- Other Activities

Kind of activity	# of activities	Participants	Males	Females
National events	96	9342	4030	5312
Abroad visits	6	83	40	43
Ramadan dinners	21	871	368	503
Summer activities	20	2649	1075	1574
Local events	58	6089	2707	3382
Festivals/films	50	5709	2756	2953
Picnics	55	3291	1487	1804
Total	306	27974	12463(44%)	15571(56%)



5- Embroidery

The embroidery project witnessed great retreat and significant decrease in production. Due to the worldwide economic crisis; sales are down, mainly in the countries that are our principal customers. From another side, local purchases nearly disappeared, given the current situation where other essential needs became a priority. Unfortunately, the negative result of such situation was also a great decline in the number of working women.

Embroidery Produced items 2014

Items	Quantity	workers	Employees
Cosmetic bag	16		
Pencil case (2 faces)	52		
German Scarf	22		
Cloth Belt	2		
Zipper purse	2		
Saba purse	3		
Purse with Damascus Flower	10		
Old market hanger	1		
Purse with a flap	6		
Total	114	60	3



6- Mothers' Activities

Women are an essential part of the beneficiaries whom we approach by presenting several activities addressing their needs, enriching their knowledge, empowering their capacities and providing joyful moments making life more bearable.

Women's' Activities 2014 FHP

Activity	Participants
Monthly meetings	1708
Mothers' Day	932
Exhibitions/theater/films/concerts	1064
National events /Sabra & Shatila commemoration	1805
Awareness sessions	
Ramadan dinners	103
Workshops	268
Women empowerment, role, rights etc....	445
International Day of Women	250
Parents' committees, preparing meals, competitions and other activities	120
Focus groups discussions	40
Total	8150



III-Educational Services

1- The Kindergartens

The National Institution of Social Care and Vocational Training has seven kindergartens in the different camps which aim is to contribute to the development of the children's abilities in the Palestinian camps of Lebanon, in various aspects: physical, psychomotor, social-emotional, cognitive and linguistic. We also strive to help these children acquire knowledge and values and develop their cultural identity in an active learning environment where children are exposed to different kinds of educational centers. What we really focus on is triggering the children's critical thinking skills by engaging them in different kinds of learning experiences.



When the Syrian crisis started in 2011, NISCVT noticed the large of PRS families who fled to Lebanon as refugees seeking support and guidance. Unfortunately, many children were left at home or were roaming the streets living in harsh conditions in which they are exposed to all kinds of abuse. Therefore, we started integrating PRS children in PRL preschool classrooms, which is one of their basic rights and a right for quality education. We also ensured that all the PRS children will have the opportunity to share the same learning activities along with the recreational activities at our centers inside the camps since we reckon that these activities are major prerequisites to show care and support for the PRS families.

This year, we have a total number of **778 children** (Palestinian children along with PRS) in our seven kindergartens with 28 classes.

Kindergartens 2013/2014

Center	No of children	M	F	Classes	No of teachers
Shatila	106	50	56	4	4+1 assistant
Burj Barajneh	92	41	51	3	3+1 assistant
Ein El Hillweh	84	41	43	3	3+ assistant
Burj Shemali	81	46	35	3	3
Rashidieh	80	42	38	3	4
Naher El-Bared	80	48	32	3	3
Beddawi	72	32	40	3	3+1 assistant
Total	595	300 50.4%	295 49.5%	22	26 All females

Due to the fact that UNRWA does not provide preschool education, which we believe is an essential prerequisite to a successful and healthy childhood, BAS decided to continue supporting PRS children and expand the number of kindergartens classes to enroll PRS children, aged 3-6 years old, including children with minor disabilities. Six kindergarten

classrooms were opened in Southern and Northern Lebanese camps to implement this project and ensure that PRS are receiving a quality education that will strengthen their learning skills.

Kindergarten Classes for Refugee children from Syria PRS

The center	No of Classes	No of children	No of teachers
Ein El Hillweh	2	61	3
Burj Shemali	2	69	3
Rashidieh	1	28	2
Beddawi	1	25	1
Total	6 classes	183 children	9 teachers
Grand total	28	778	35

KGs Mothers' Activities 2013-2014

Activities	Participants
Parents' meetings	947
Recreational activities with the children	587
National & local events	1424
Picnics with the children	665
Social/health lectures	837
Parents' committee, preparing meals, workshops, competitions etc...	155
Training for some mothers with Right To Play a partner NGO	7
Total	4622

2- Remedial Education

The future of the Palestinian children is one of BAS main priorities; emphasizing on developing their knowledge, skills, critical thinking, as well as their attitude for positive participation in the society. We also work on improving the student's self-confidence which controls and defines their further steps and motivates them for better achievement to ensure prosperous future. Hence, the Palestinian children in Lebanon and those from Syria are benefiting from the various educational activities and services provided by the institution. The remedial classes are considered to be a remedy to control the number of drop-outs from UNRWA schools and increase the number of the Palestinian students who are continuing their higher education.



From the below figures it is noticed that the classes for both drop out students and those with special needs include only girls, which is a negative indicator about the educational situation and achievements of girls.

All the children benefiting from such program participate in all recreational and cultural activities available at the centers.

PRS remedial classes for the year 2013-2014

Center	Children	Males	Females	Classes	Teachers	Males	Females
Shatila	20	10	10	1	1	1	-
Beddawi	90	55	35	4	4	2	2
Nahr El-Bared	73	40	33	4	4	-	4
Ein El Hillweh	59	37	22	3	3	1	2
Rashidieh	22	10	12	1	1	-	1
Burj Shemali	54	30	24	3	3	1	2
Burj Barajneh	40	18	22	1	1	-	1
Ba'albek	87	35	52	4	4	1	3
Total	445	235 (53%)	210 (47%)	21	21	6 (29%)	15(71%)

PRL remedial classes for the year 2013-2014

Center	Children	Males	Females	Classes	Teachers	Males	Females
Shatila	60	30	30	3	3	-	3
Beddawi	54	31	23	3	3	-	3
Nahr El-Bared	57	24	33	3	3	1	2
Ein El Hillweh	29	12	17	2	2	-	2
Rashidieh	47	24	23	3	3	-	3
Burj Shemali	52	27	25	3	3	1	2
Ba'albek	47	22	25	3	3	1	2
Total	346	170 (49%)	176 (51%)	20	20	3(15%)	17 (85%)

Total Number of Children PRL + PRS = 791 M 405 (51%) F 386 (49%)

Classes For drop-out students

Center	Classes	Students	Females	Teachers	Female s
Ein El Hillweh	1	19	19	1	1
Burj Shemali	1	26	26	1	1
Ba'albek	1	15	15	1	1
Rashidieh	1	12	12	1	1
Total	4	72	72	4	4



Classes for girls with special needs

Center	Classes	Students	Females	Teachers	Females
Ein El Hillweh	1	17	17	1	1
Burj Barajneh	1	18	18	1	1
Total	2	35	35	2	2



3- Vocational Education

It is a well-known fact that acquiring knowledge is an endless need and education is a human right emphasized in all laws. Accordingly, learning a profession is also an essential knowledge that builds a sustainable skill, which is the foundation of constructing better futures.

Two kinds of vocational education were provided last year, the first is outside the centers through scholarships in certified schools that requires an educational level, minimum the official intermediate certificate. From another side vocational education inside our centers is available for those with lower educational level who can enroll in the intensive courses between 4-6 months, thus become qualified to enter the labor market with a certain skill.

According to a tracing study for last year concerning the graduates from our centers in Naher El-Bared, it was found that 72% found jobs, 10% opened own business, 12% are still under experience in some enterprises and 6% are still looking for work.

The youth of the whole vocational education programs are entitled to participate in all arts, sports and cultural activities in the centers, providing them by advanced skills and knowledge.



Vocational Training outside the centers 2014

Vocation	No. of Students	Females	Males
Computer	16	10	6
Electronics	1		1
Business Administration	1		1
Photography	1		1
Sanitary works	3		3
Electricity	1		1
Secretarial works	11	8	3
Hairdressing	9	6	3
Mechanics	4	4	
Aluminum	1		1
Office machines maintenance	2		2
Communication	30		30
Other	6	4	2
Total	86	32 (73%)	54 (63%)

Vocational Training inside the centers 2014

Vocation	No. of Courses	No. of Students	Females	Males	Trainers	Females	Males
Aluminum	4	56		56	4		4
AutoCAD & Quantity Survey	1	21	10	11	6	2	4
Barbering	2	40		40	1		1
Computer	1	16	12	4	1		1
Computer Maintenance	1	24		24	6	4	2
Mobile Maintenance	1	22		22	6	4	2
Electricity	4	57		57	4		4
Handicrafts	1	14		14	1		1
Painting/Gypsum	4	55		55	4		4
Sanitary works	3	47		47	3		3
Total	22	352	22 (6%)	330 (94%)	36	10(28%)	26 (72%)

IV-Health Services

1- Naher El-Bared Pediatric clinic

The Pediatric clinic in Naher El-Bared is the only one serving the children of this camp and its vicinity. A specialized pediatrician Dr. Sameh Al-Jaber, works five days a week from 9:00am till 14:00pm, assisted by a nurse and a clerk. The clinic served a number of 4005 patients during the year 2014 according to the following nationalities:

- Palestinian refugees from Lebanon PRL: 3456
- Palestinian refugees from Syria PRS: 444
- Syrian refugees S 75
- Lebanese L 30

Total 4005 Males 2235 (56%) Females 1770 (44%)



Naher El-Bared Pediatric clinic: Number of patients according to nationality and gender

No.	Month	PRL		PRS		S		L		Total		Total
		M	F	M	F	M	F	M	F	M	F	
1-	January	168	158	15	13	6	6	1	2	190	179	369
2-	February	183	141	18	14	1	3	1	1	203	159	362
3-	March	176	118	23	21	2	2	3	1	204	142	346
4-	April	104	107	24	14	1	1	0	1	129	123	252
5-	May	165	126	14	12	5	1	0	1	184	140	324
6-	June	201	133	19	24	5	3	3	1	228	161	389
7-	July	122	91	15	12	1	3	1	2	139	108	247
8-	August	147	131	12	23	3	2	0	1	162	157	319
9-	September	186	136	25	23	4	4	1	1	216	164	380
10-	October	167	121	15	24	1	0	1	2	184	147	331
11-	November	162	139	26	19	6	6	3	1	197	165	362
12-	December	169	105	24	15	4	5	2	0	199	125	324
Total		1950	1506	230	214	39	36	16	14	2235	1770	4005
		3456		444		75		30		4005		

Services:

- Provide free treatment and medication.
- Provide counseling and guidance for mothers.
- Organize awareness sessions re children's health.
- Referral of certain cases to the psychiatrist or urologist in the same center.
- Visiting and coordinating with the kindergartens for routine medical check-up and advice concerning any health problem.
- Meetings with the doctor and the staff to evaluate the general work, discuss the problems and review the needs of the clinic.

Health Awareness sessions for mothers at the pediatric clinic 2014

No.	Date	Sessions	No. of Beneficiaries.
1.	06 Jan	Session (medicines proper use and effects of abuse)	10
2.	20 Jan	Session (Anemia)	12
3.	05 Feb	Session (medicines proper use effects of abuse)	10
4.	11 Feb	Session (Chicken Box)	12
5.	20 Feb	Session (Asthma)	13
6.	17 Marsh	Session (Chicken Box)	14
7.	25 Marsh	Session (Jaundice)	12
8.	3 April	Session (First aid for Children)	16
9.	17 April	Session (Vaccination Calendar)	13
10.	14 May	Session (Sickle cell anemia)	13
11.	21 May	Session (Asthma)	11
12.	5 June	Session (Children First Aid)	16
13.	23 June	Session (Children Nutrition)	20
14.	24 June	Session (Diarrhea and Dehydration)	60
15.	2 July	Session (Acute Tonsillitis)	14
16.	21 July	Session (Vitamins and Nutrition) +	15+13
17.	7 August	Session (First Aids)	25
18.	18 August	Session (H.A.V)	16
19.	28 August	Session (Vomiting and Diarrhea)	10
20.	1 Sept	Session (Anemia)	10
21.	24 Sept	Session (medicines proper use and effects of abuse)	12
22.	8 Oct.	Session (Healthy Nutrition)	15
23.	20 Oct.	Session (Poliomyelitis)	12
24.	12 Nov.	Session (Asthma)	14
25.	20 Nov.	Session (Medicines Proper use and effects of abuse)	18
26.	1Dec	Session (dyspnea at children)	16
27.	8 Dec	Session (Anemia)	18
Total of Beneficiaries:			440

2- Dental clinics 2014

1- Introduction

To improve the oral health of underserved people, great effort is implemented to increase awareness of the connection between oral and overall health, promote prevention, and improve oral health literacy to health providers and patients alike.

In this project we worked with various NGOs to provide free outreach dental service to selected kindergartens, with a well-defined plan to benefit multiple stakeholders. We not only want to educate the children but also help parents to take proper care of their children's oral health. We also aim to benefit another stakeholder group, i.e. the kindergarten teachers. Teaching aids such as dental models, posters, booklets, video CD and leaflets were distributed to the kindergartens.

2- Kindergarten School Program

Lack of access to dental care is a problem for many Palestinian children. Children in pain are unable to concentrate and learn in school. The BAS kindergarten dental school program is one way schools can help children stay healthy – by ensuring that they have access to needed dental services.



Dental

health activities, measuring height and weight, tooth brushing, milk feeding, calculating dmft ratio, dental health education, healthy meals, school emergencies etc

2a- Dental screening (8 camps)

The purpose of a screening is to identify normal versus abnormal oral condition to make referrals for dental care. If no problems are found, a verbal referral should be given for regular, preventive dental care. If abnormalities are noted, referrals should be given for dental assessment and treatment. Comprehensive diagnosis and treatment are the responsibilities of dentists.

	Treated teeth	Untreated teeth	Extraction needed
Beirut (3 camps)	2109	2519	770
North (2 camps)	3173	1764	549
South (3 camps)	3026	2167	627
All (8 camps)	8308	6450	1946

Note: the number of untreated teeth is huge, due to the increased number of Palestinian refugees from Syria; many of them come with full mouth problem like this child.

2b- Dental treatment for kindergarten children

The sooner children begin getting regular dental checkups, the healthier their mouths will be throughout their lives. Early checkups help prevent cavities and tooth decay which can result in pain, trouble concentrating and other medical issues. Youngsters with healthy teeth chew food easily, learn to speak clearly and smile with confidence

Extraction	Amalgam	Composite	R.C.T	Cement	Sealant	X-ray	Flouride	St.st. crown
261	52	6193	470	1634	320	378	8120	57

3-“Family Happiness” Children (ages 7-18)

3a- prevention is number one intervention with school age children



Dentist and teacher, can bring the oral health hygiene idea to the child

3b- Dental treatment

Extraction	Amalgam	Composite	R.C.T	Cement	Sealant	X-ray	St.st. crown
168	270	1365	548	364	480	640	61

3c- Dental treatment for camp inhabitants

Extraction	Amalgam	Composite	R.C.T	scaling	crown	X-ray	Denture
182	570	964	591	721	178	732	62

Acknowledgment

The dental team at BAS would not be able to operate without the generous support of our donors. We are indebted to you for making these clinics a reality and allowing better oral health for our children. We would like to thank Fluchtlingsskinder Lebanon, the Campaign for the Children of Palestine in Japan, and COI of Italy, for all your moral, professional, and financial support

3-Family Guidance Center (FGC) for Mental Health

1. Introduction

The Family Guidance Center attested a growing number of Syrian and Palestinian-Syrian in the 5 clinics where free of charge mental health services were offered for the families. More space has been given to staff training and capacity building.

2. FGCs Common Activities

3.1 Meetings with partners

Through regular field visits the partners were updated about the ongoing activities and hence we could discuss together the progress of the various supported projects and negotiate future possibility.

3.1. a.Finnish Psychologists for Social Responsibility (FiPSR)and the Finnish Arab Friendship Society (FAFS)

Four field visits have been done by representatives of the two Finnish associations -Ms Sirkku Kivisto, Ms. Kirsti Palonen and Mr Ferdinand Garoff individually or jointly to be updated on the projects:



3.1.b Finnish Embassy

A field visit to the centers in the south was organized together with the Finnish Ambassador Mr.Kari Kahiluoto and Mr. Juha Raine. Mr. Petri Hautaniemi from the ministry of foreign affairs together with Mr Juha Raine also visited the BAS center in Burj Shemali and the FGC Al Buss and Saida to follow-up activities of the project funded by the Finnish government.

3.1. c Norwegian Aid Committee, NORWAC

Dr. Svein Staff, from the Norwegian Aid Committee (NORWAC) was regularly following up activities of the Family Guidance Centers.

3.1.d Norwegian Embassy

Through a one year grant offered by the Norwegian embassy (April 2013 - April 2014)
A series of awareness sessions were implemented in Beddawi and Nahr El Bared.

3.1.e Handicap International

Cooperation continued with Handicap International through a more general policy aiming to involve the FGC in other Mental Health activities.

3.2 MSN project: Children with Multiple Special Needs; Sponsorship and referral

The MSN - Multiple Special Needs - project allowed 51 children to benefit from referrals to special schools and special education programs (school year 2014-2015). 35 children benefited in parallel through this project from medical aids in addition to follow-up by therapists in the Family Guidance Centers.

Beside the financial support from the Finnish Ministry of Foreign Affairs to MSN-project, friends from Palch, Switzerland, Christian Codrai, Italy and individuals from Finland, covered the annual tuition fees from some children.

3.2.c Recreational activities for MSN parents

Recreational activities for the MSN parents were organized in Beirut, Saida and in the north-Beddawi and Nahr El Bared.



3.3. External evaluation of the projects: north and south

An external expert, Dr.Aziza El Khalidi has been assigned to undertake an evaluation of the projects implemented by the Family Guidance Centers in the north and in the south(2014-2016) financed by the Finnish Psychologists for Social Responsibility (FiPSR) and the Finnish Arab Friendship (FAFS).

4. Training and Workshops for the FGCs Staff

4.1 Training for FGCs Social workers on work management

The following trainings were organized and implemented during 2014:

- 4.2 Psychological stress reduction workshop.
- 4.3 Training of Family Therapy and Parental Guidance
- 4.4 Training on the trauma recovery - CVT model
- 4.5 .Mental Health interventions in emergencies
- 4.6 Psychodrama



5. Crisis in Syria and Displacement

An increase in the number of new Syrian and Palestinian-Syrian patients received at FGC Beirut and Nahr El Bared and Saida has been observed. All services inside the FGCs were totally free of charge for this category. Some children were even included in the MSN project.

Center	Year		Year	
	2013	2014	2013	2014
	Syrian	Syrian	Pal Syrian	Pal. Syrian
FGC Beirut	24	45	17	07
FGC Saida	09	09	20	24
FGC Al Buss	09	05	57	22
FGC Beddawi	18	18	16	16
FGC Nahr el Bared	00	04	10	38

Table1: Increase & decrease in the number of Syrian and Palestinian Syrian patients 2013-2014.

6. Main Disorders and Pathologies Encountered at FGCs

Psychological distress		Disorders	
Behavioral problems	Depression	Developmental delay	Mental Retardation
Speech & language delay	Phobia	Learning difficulties	Congenital encephalopathy
Communication difficulties	Anxiety	ADHD	Hydrocephaly
Aggressiveness	Relational difficulties	Cerebral Palsy	Hearing impairment
Enuresis	Personality difficulties	Psychomotor delay	Learning difficulties
Eating disorders	Dyslexia	Down Syndrome	Cleft Palate
Language Disorder	Stuttering	Brain Atrophy	War injuries and psychological impact
Behavioral problems	Trauma	Autism & ASD	Mental Retardation

7. Mental Health Conference 2014

The 8th annual conference “Community Mental Health programs: What works for whom in Armed Conflicts Situations” took place in June 2014 for 2 days at UNESCO palace Beirut. 27 speakers from Lebanon and Europe contributed through interventions in addition to 4 social workers from Saida and El Buss who gave two presentations. Unfortunately the 2 Palestinian speakers from Gaza couldn’t travel due to the restrictions imposed by the Egyptian authorities.



8. FGC: Meetings, Gaps and Replacements

Regular staff meetings were held inside every FGC to discuss the work progress, challenges, daily issues faced and work plans for improvement for each center. A general staff meeting was held in October 2014. During 2014 some staff members resigned while others joined.



9. Music Therapy Project: “Music and Resilience”

The “Music and Resilience” project (2012 – 2015) sustained its activities in terms of training and supervision of the group of FGC Music therapists. Two follow-up and supervision visits by the trainer Ms. Deborah Parker (January) and with Mr. David Woods (August 2014) were done. Inter-vision meetings for the MT members started to be held monthly since September 2014.

10. Congress and Workshop Abroad

One of the social workers at FGC El Buss Ms Maha Hodroj attended a 4 days regional workshop organized by ARC on “Resources in Mental health “in Amman. Ms Liliane Younes, clinical together with Ms D. Parker attended and contributed in the “World Congress of Music Therapy, 2014” - Vienna and Kermes in Austria during the 6 days a presentation about the BAS project was given.

11. NISCVT Protection Policy and Case Management

Two meetings were held between NISCVT center’s responsible to review the document agreed on concerning the policy on protection that NISCVT formulated with MAP in 2013.

12. New Referrals, Treatment and Home Visits by the Centers 2014

	Beirut	El Buss	Saida	Beddawi	Nahr El-Bared
New Patients	230	100	143	178	106
Psychiatry follow-up sessions	542	138	164	66	65
New referrals to psychotherapy	20	43	88	69	99
Psychotherapy follow-up sessions	322	1009	441	353	141
New referrals to speech therapy	32	30	97	46	43
Speech therapy follow-up sessions	713	846	114	421	218
New referrals to psychomotor therapy	23	08	59	NA*	-
Psychomotor follow-up sessions	269	623	180	NA	-
Evaluation by psychologists	51	32	65	16	01
New referrals to special education	NA	NA	NA	16	47
Special education follow-up sessions	NA	NA	NA	234	143
New referral to occupational therapy	NA	13	NA	NA	NA
Occupational therapy FU sessions	NA	439	NA	NA	NA
Home visits by social workers	36	191	575	36	239

*NA stands for not applicable

18. LAST YEAR'S RECOMMENDATIONS: WHAT WAS ACHIEVED?

- More focus on the Community based approach especially at FGC Al Buss
- Regular meetings for each discipline: This was partially done especially for the group of psychologists despite the difficulties faced to find a common and appropriate time for everyone.
- Social workers received intensified common and separate specialized training.
- Additional social workers have been recruited for FGC Beirut, Nahr El Bared, Beddawi and El Buss, in some cases to replace resigning ones and in other cases to enhance the capacity of the existing team.
- A group of the FGCs professionals received an intensified training – 40 hours - in “Family therapy and Parental guidance” with certified attestation from “Le lien systémique”.

Staff at the Family Guidance centers

Full time social workers	15 F	Total 15
Part time professionals	26 F 4M	Total 30
G. Total	45	41 females 04 males

4- Reproductive Health Project

4.1 Clinics

The reproductive health project continued running five clinics in the camps of Rashidieh, Burj Shemali, Beddawi, Nahr El-Bared and Burj Barajneh. In each clinic a team of professionals are recruited, a gynecologist, urologist, health counselor and two social workers. Beside treatment, the clinics provide lab tests, echo and medicines. Private counseling is available for single individuals or married couples. Home visits are more like a social gathering for a group of women interested in discussing issues of special concern. Accordingly, all such means of approaching sensitive personal issues require building trust and confidence between the beneficiaries and our staff. However, due to the generous support from the Embassy of Norway, the clinics were able to continue with an outstanding increase in the number of patients that included local camps' inhabitants, refugees from Syria and the population gatherings around the camps. In addition to the increase in the counseling cases and home visits.

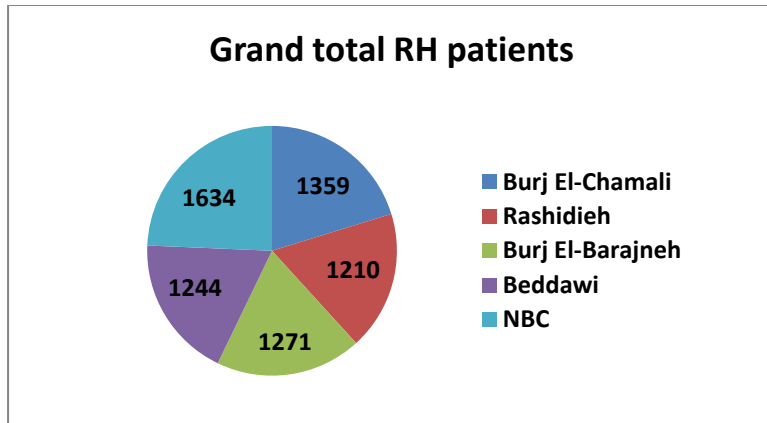


RH staff 2014

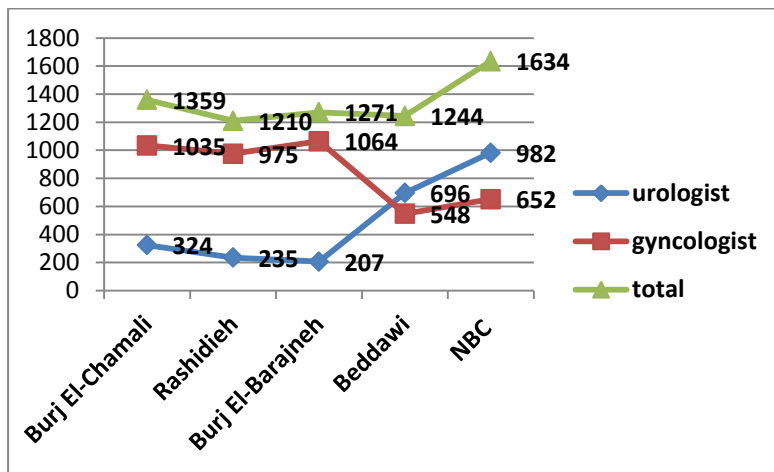
Full time		M	F
Social workers		6	6
Part time		M	F
Doctors		3	3
Health counselors			3
Technical supervisor			1
Peer education coordinator			1
Animator		1	
Total	24	10	14

Data of Patients in the reproductive health clinics (2014)

	Specialist	No. of Patients	Females	Males
Burj Shemali	Urologist	324	122	202
	Gynecologist	1035	1035	0
	Psychologist			
	Health Counselor	1359	1157	202
	Total	1359	1157	202
Rashidieh	Urologist	235	106	129
	Gynecologist	975	975	0
	Psychologist			
	Health Counselor	1210	1081	129
	Total	1210	1081	129
Burj Barajneh	Urologist	207	8	199
	Gynecologist	1064	1064	0
	Psychologist			
	Health Counselor	1271	1072	199
	Total	1271	1072	199
Beddawi	Urologist	696	347	349
	Gynecologist	548	548	0
	Psychologist			
	Health Counselor	548	895	349
	Total	1244	895	349
Nahr El-Bared	Urologist	982	484	498
	Gynecologist	652	652	0
	Psychologist			
	Health Counselor	1634	1136	498
	Total	1634	1136	498
All centers	Urologist	2444	1067	1377
	Gynecologist	4274	4274	0
	Psychologist			
	Health Counselor	6718	5341	1377
	Grand Total	6718	5341	1377



Grand total RH 's patients detailed between urologist and gynecologist



Counseling & Home Visits

	PRS	PRL	Syrian	others
Burj Shemali	582	581	193	8
Rashidieh	349	686	138	8
Nahr El-Bared	255	1330	23	26
Beddawi	121	934	135	37
Burj Barajneh	520	225	498	28
total	1827	3756	987	107

Number of patients: According to Nationalities

	PRS	PRL	Syrian	others
Burj Shemali	582	581	193	8
Rashidieh	349	686	138	8
Nahr El-Bared	255	1330	23	26
Beddawi	121	934	135	37
Burj Barajneh	520	225	498	28
total	1827	3756	987	107

4.2 Peer Education

The peer education program is another approach focusing on the youth of the community boys and girls. It is a program designed to empower the potentials of young boys and girls preparing them to become peer leaders and carry information to their counterparts, based on the fact that peers' influence on young people is highly significant, and they can reach



groups who are difficult to reach, in addition to their ability of using creative methods in sharing information. The program is a gender balanced platform for self-expression that develops, through interactive learning methodology, the youth knowledge, and respect for different opinions, while enhancing their life skills and communication techniques. Similar to the clinics' eservices, the program include young refugees from Syria.

Awareness sessions of Peer education program 2014

Camp	sessions	Participants	Boys	Girls	Mothers	PR	PRS
Burj Barajneh	19	245	94	151		218	27
Burj Shemali	30	516	76	425	15	401	115
Beddawi	42	532	262	270		395	137
Rashidieh	24	406	225	181		140	266
Naher El-bared	54	970	281	658	31	632	338
Shatila	4	64	23	41		54	10
Total	173	2733	961 (35%)	1726 (63%)	46 (2%)	1840	893

Open days on Child Protection theme 2014

Place	Date	≠ of participants
Rashidieh	August	150
Burj Barajneh	September	201
Total		351



Residential workshops for Peer Leaders 2014

Date	Subject	Participants	Boys	Girls	PR	PRS
February, march	Self-esteem and team building	23	12	11	20	3
June	Conflict resolution and leadership	29	12	7	14	5
September	Aids and gender	25	14	11	21	4
	Total	74	38	29	55	12



Capacity building for social workers, a residential workshop 2014

Date	Subject	Participants	Boys	Girls
November	Team building	10	7	3

Capacity building for social workers, workshops 2014

Date	Subject	Participants	Males	Females
May	Concept of peer education	11	5	6
August	Child protection	9	5	4
Oct	Concept of peer education	11	6	5
Oct	Aids , STDS, communication	10	6	4
Oct	Anger management	10	6	4
Total		51	28	23

RH Staff 2014			
Full time		M	F
Social workers		6	6
Part time		M	F
Doctors		3	3
Health counselors			3
Technical supervisor			1
Peer education coordinator			1
Animator		1	
Total	24	10	14

5- Psychosocial project for Palestinian refugees (locals & from Syria)

Mental Health and Psychological Support in Palestinian Camps is a new project funded by UNICEF and managed by MAP. The project is implemented by Palestinian NGOs distributed in different regions.

NISCVT is executing the project in four centers:

- Nahr El-Bared in the North
- Burj Shemali and El Buss in the South.

- Two UNRWA health clinics in kfar Bada and Rashidieh camp, where UNICEF created friendly spaces for the children's activities.

The project came in respond to the acute and increasing needs of the children living in the Palestinian camps and the population gatherings that were affected by the Syrian on-going crisis, and showed psychological distress due to the war experiences, displacement and extremely difficult living conditions and lack of protection.

- The project targets children and youth from 3 till 17 years old, women and caregivers, including Palestinians from Lebanon **PL**, Palestinian Refugees from Syria **PRS**, Syrians Refugees **SR** and Lebanese.
- A team of animators conduct activities for children and youth, who are provided by technical support to deal with children suffering certain difficulties, detect and refer children with high risk of harm and need an intervention from a specialist at FGC.
- In each center there is Senior Psychological Support officer to provide emotional and social support to children and women who suffer from difficulties or psychological distress, hold meetings with mothers, provide technical support to animators, detect and refer some children in need for a specialist's intervention
- The project provides healthy meals for children and mothers.

Children's' activities included the following:

- The animators conduct indoor and outdoor activities for the children.
- Expression activities through art, painting, role play, story craft, storytelling etc..
- Structured activities through a special program "IDEAL" prepared by "War Child", Holland. Another guide book "Playing for gender equality" prepared by ABAAD NGO and finally KAFA guide book teaching children self-protection, and different life skills.
- Cultural events and activities are organized celebrating some occasions such as "The World Refugees Day", "International child protection Day", Mothers' Day etc....
- Recreational activities Dabkeh, Puppet Theater, singing, picnic etc...

Activities for parents and caregivers:

- Awareness session in various topics, "mental health, reproductive health, Social topics, participate in the cultural events with children"
- Structured activities such as "Parents Deal" a guide prepared by "War Child Holland".
- Trips and fun activities
- Healthy meals for women.
- Cultural events such as "International Women's Day", Mothers' Day etc...

Documents in use:

- Database attendance sheets for beneficiaries, children and parents.
- Periodic Narrative Report.



Data of Beneficiaries:

<i>Center</i>	<i>Total No</i>	<i>Male</i>	<i>Female</i>	<i>Nationalities</i>
<i>El Buss and Gatherings</i>	<i>1527 children</i>	<i>810</i>	<i>717</i>	<i>PRS: 272/ PRL: 896</i> <i>SR:151/ LR: 2/ LA: 206</i>
	<i>360 caregivers</i>	<i>15</i>	<i>345</i>	<i>PRS:102/ PRL: 213</i> <i>SR: 29/ LR: 2/ LA: 15</i>
<i>Burj Shemali Center</i>	<i>1297 children</i>	<i>637</i>	<i>660</i>	<i>PRS: 552/ PRL: 704</i> <i>SR:29 / LR: 6 / LA: 6</i>
	<i>441 Caregivers</i>	<i>40</i>	<i>401</i>	<i>PRS: 135/ PRL: 291</i> <i>SR:15 / LR: 0 / LA: 0</i>
<i>Rashidieh Center</i>	<i>1302 children</i>	<i>643</i>	<i>659</i>	<i>PRS: 375/ PRL: 863</i> <i>SR:64 / LR: 0 / LA: 0</i>
	<i>389 Caregivers</i>	<i>86</i>	<i>303</i>	<i>PRS: 157/ PRL: 181</i> <i>SR:50 / LR: 1 / LA: 0</i>
<i>Nahr El-Bared</i>	<i>2449 children</i>	<i>1348</i>	<i>1101</i>	<i>PRS: 545/ PRL: 1828</i> <i>SR:55 / LR: 1 / LA: 0</i>
	<i>292 Caregivers</i>	<i>17</i>	<i>275</i>	<i>PRS: 126/ PRL: 161</i> <i>SR:1 / LR: 0 / LA: 4</i>
<i>Grand Total</i>	<i>Children 6,575</i> <i>Caregivers 1,482</i>			

V- Staff & Volunteers

Staffs in the centers

Center	Full time	Females	Males	Part time	Females	Males
Burj Barajneh	16	15	1	3	1	2
Shatila	12	10	2	7	5	2
Mar Elias	2	2		1	1	
Beddawi	17	15	2	7	6	1
Nahr El-Bared	23	16	7	14	8	6
Ein El Hillweh	16	15	1	6	4	2
Rashidieh	25	19	6	18	12	6
Burj Shemali	19	15	4	16	12	4
El Buss	12	11	1	7	4	3
Ba'albek	3	2	1	4	4	
Total	145	120 (83%)	25 (17%)	83	57 (68%)	26 (31%)
Admin. office	15	7	8	4	3	1
Grand Total	160	127 (79%)	33 (21%)	87	60 (69%)	27 (31%)

Staff in-service training

Center	participants	Females	Males
Burj Barajneh	52	43	9
Shatila	38	31	7
Mar Elias	1	1	
Beddawi	10	9	1
Nahr El-Bared	17	13	4
Ein El Hillweh	8	7	1
Rashidieh	22	19	3
Burj Shemali	13	12	1
El Buss	10	9	1
Ba'albek	5	4	1
Total	176	148 (84%)	28 (16%)

Volunteers 2014

Center	No. of Volunteers	Country
Burj Barajneh	4	Japan, Lebanon
Shatila	20	Lebanon, Italy, Germany, Norway, France
Rashidieh	11	America
Burj Shemali	18	America, Britain, Italy
El Buss	3	Lebanon, Germany

VI- Visits

Visitors 2014

Center	Sponsors	Journalists	Delegations	Other
Burj Barajneh	14	9	165	
Shatila	7	12	30	16
Mar Elias			1	
Beddawi			18	
Nahr El-Bared	2		16	
Ein El Hillweh	3		7	
Rashidieh	3	4	7	260 persons
Burj Shemali	1	3	45	
El Buss	1		106	
Ba'albek			10	
Total	31	28	405	276

Abroad visits 2014

Center	participants	Females	Males
Rashidieh	4		4
Burj Shemali	1		1
El Buss	2	2	
Total	7	2	5

VIII-Conclusion

“Sometimes I dream I am carrying a dead man. And when I look at the children living here, I feel like they have lost their hearts” (Fatima 10 years refugee, UNICEF report, under siege).

Devastated children living a daily life characterized by severe violence, destruction, brutality, loss of family members etc... will definitely show symptoms of depression, nightmares, low self-esteem, humiliation, and other psychological dilemmas and are often defenseless (mainly boys) towards the magnetic attraction to get involved in future violence and carry weapons to become child fighters.

“The dangers for children go beyond death and injury. Boys as young as 12 have been recruited to support the fighting, some in actual combat, others to work as informers, guards or arms smugglers.” (UNICEF report, under siege)

Children who receive protection and have access to their basic rights can grow as free adults who can break through the sequence of violence and impediment of poverty. With supportive assistance and guidance they can be empowered and provided with the right tools to shape their own future with solid awareness to overcome being victimized and forced to endorse and adopt ideas and acts of aggression. Saving the minds from misleading concepts cannot be done in prisons or bodily assaults, only physical and mental protection can do that.

Hence, there is a vital need to deal with the roots of a problem that can ruin the future of a great number of children and their communities.